

1.1 **Department of Education**1.2 **Proposed Permanent Rules Relating to Academic Standards in Health**1.3 **3501.1500 HEALTH EDUCATION STANDARDS.**

1.4 **Subpart 1. Purpose and application.** The purpose of these standards is to establish
1.5 statewide standards for health that govern instruction of students in kindergarten through
1.6 grade 12.

1.7 **Subp. 2. Functional health.** The student will use functional health knowledge to
1.8 enhance health and well-being.

1.9 **Subp. 3. Analyze influences.** The student will analyze influences that affect health
1.10 and well-being.

1.11 **Subp. 4. Access valid and reliable information.** The student will access valid and
1.12 reliable information, products, and services to enhance health and well-being.

1.13 **Subp. 5. Communication skills.** The student will demonstrate interpersonal
1.14 communication skills to enhance health and well-being.

1.15 **Subp. 6. Decision making.** The student will demonstrate decision-making skills to
1.16 enhance health and well-being.

1.17 **Subp. 7. Goal setting.** The student will demonstrate goal-setting skills to enhance
1.18 health and well-being.

1.19 **Subp. 8. Practices and behaviors.** The student will demonstrate practices and
1.20 behaviors to enhance health and well-being.

1.21 **Subp. 9. Promote health, safety, and well-being.** The student will promote health,
1.22 safety, and well-being of self and others.

1.23 **Subp. 10. Apply knowledge and skills.** The student will combine content knowledge
1.24 with practical skill development, as indicated by subpart 2, and apply what they learn to

2.1 real-world health situations, as indicated in subparts 3 to 9, on various health-related topics,
2.2 including but not limited to:

2.3 A. cardiopulmonary resuscitation and automatic external defibrillator education
2.4 that allows districts to provide instruction to students in grades 7 through 12 in accordance
2.5 with Minnesota Statutes, section 120B.236;

2.6 B. vaping awareness and prevention education that allows districts to provide
2.7 instruction to students in grades 6 through 8 in accordance with Minnesota Statutes, section
2.8 120B.238, subdivision 3;

2.9 C. cannabis use and substance use education that allows districts to provide
2.10 instruction to students in grades 6 through 12 in accordance with Minnesota Statutes, section
2.11 120B.215;

2.12 D. sexually transmitted infections and diseases education that meets the
2.13 requirements of Minnesota Statutes, section 121A.23; and

2.14 E. mental health education for students in grades 4 through 12 that includes
2.15 prevention of suicide or self-harm and mental health components of the National Education
2.16 Association standards for students in grades 4 through 12 in accordance with Minnesota
2.17 Statutes, section 120B.21.

2.18 Subp. 11. **Implementation.** These standards must be implemented by school districts
2.19 by the beginning of the 2028-2029 school year.